The Rules of the Game: Understanding UIL Policy





University Interscholastic League (512) 471-5883 www.uiltexas.org



Traci Neely UIL Assistant Athletic Director 512-471-5883 tneely@uiltexas.org



ACENDA

UIL Rules - State Mandates

- Student Eligibility for All UIL Contests
- "No Pass, No Play"
- UIL Required Training Safety issues
- Limits on Practice and Performance
- Gifting
- Difference between UIL athletics/ other
- Booster clubs
- Legislative Council Proposals



UIL Resources

UIL Constitution and Contest Rules



CHEER SECTIONS:

- 441: UIL sponsor/coach gifts
- 1208(i): Rules Compliance Program
- 1208(n): Mascots, firearms, etc.
- 1208(y): NFHS standards, safety course requirement
- 1208(z): Concussion Mgmt. Protocol



UIL Resources

- TEA-UIL Side by Side Manual State Law
 - Page 3-8: No Pass, No Play
 - Page 11: More than one activity period per day
 - Page 12: Limits on practice and performance.(TAC 76.1001, Subchapter AA)
 - One contest per activity per school week
 - 8 hour practice rule
 - Testing and extracurricular activities

Definition of Extracurricular Activity

• Page 15: 19 TAC 76.1001

....held in conjunction with another activity that is considered to be extracurricular, public is invited, admission is charged.



Extracurricular Activity Local Control

- Selections for participation
- Residency
- Fundraising
- Travel
- Competition
- Academic day

Instructor/Supervisor/Coach Required Training by State Law

Page 16:

- CPR/AED Certification: provided by the school district or community
- UIL Safety Training for Extra-curricular Activities: provided by the UIL

Page 17-18:

Cheer and Drill Team specific discussion



Required Training-State Law

Step ONE

RULES COMPLAINCE PROGRAM (RCP)

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LOG-IN AS A DRILL TEAM OR CHEER

COMPLETE SECTION

"SAFETY TRAINING for Extracurricular Activites"

— includes NFHS Concussion Guidelines

PRINT CERTIFICATE OF COMPLETION

Step TWO – DOCUMENT THESE!!!

- 1. UIL Website under Health & Safety download the School PPTStudent information presentation.
- 2. Parent presentation and/or information made available on school website.
- 3. Perform and document a practice drill involving the realistic issues that could come up with all students involved in the program.

C&CR Section 400 STUDENT'S ELIGIBILITY FOR ALL UIL CONTEST

Student's Eligibility:

- Is not a high school graduate
- Is a full-time student
- Regular attendance
- Meets credit requirements (NPNP)
- Enrolled in four year program



FULL TIME STUDENT

- Enrolled in participant high school
 - a student must be enrolled for at least four hours per day of required courses by the state.
- In compliance with local written transfer and admission policies.



"NO PASS NO PLAY"



DISTRICT -WIDE UIL EDIGIBILITY CALENDAR THAT SHOULD APPLY TO ALL EXTRACURRICULAR ACTIVITIES

Eligibility for the FIRST Six Weeks (Credit Requirements):

- Grades nine and below
 - Students must have been <u>promoted</u> from the previous grade.

"NO PASS NO PLAY"



Eligibility for the FIRST Six Weeks (Credit Requirements):

- Second Year of High School
 - five accumulated credits that count toward state graduation requirements.
- Third Year of High School
 - ten accumulated credits that count toward state graduation requirements
- Fourth Year or High School
 - fifteen accumulated credits that count toward state graduation requirements

"NO PASS NO PLAY"



Eligibility AFTER the FIRST Six Weeks:

- All schools must check grades at the end of the grading period whether it is six, nine, or twelve weeks in length.
- There is <u>ALWAYS</u> a seven calendar grace period in effect anytime a student loses or regains eligibility.
- Students who pass remain eligible until the end of the next grading period.
- All activity coaches/directors are responsible for obtaining official grade reports before the student represents the school.
- REGAINING eligibility can occur at the three week evaluation period for ineligible students. (7 day grace in effect)

DID YOU KNOW?



- Students who DROP a course with a failing grade (after the 4th week of the class) will become academically ineligible at the end of that grading period.
- Academically ineligible students are allowed to PRACTICE.
- Students must be passing ALL courses to regain academic eligibility. (EXCEPTION: Exemptions are allowed for AP/dual credit classes, see TEA-UIL Side by Side p. 4)
- All students are academically eligible during a school holiday of seven consecutive calendar days or more.

Grade Changes



- A course grade issued by a classroom teacher is final and may not be changed unless the grade is arbitrary, erroneous, or not consistent with school district grading policy.
- Extra credit work or work (including re-test)
 turned in after the grading period or evaluation
 has ended may not be considered when
 determining a student's eligibility.

Grade Changes

- A student with an "Incomplete" grade is ineligible at the end of the seven day grace period, unless the "Incomplete" was replaced with a passing grade prior to the end of the seven day grace period.
- "Incomplete" beyond the end of the seven day grace period may regain eligibility if the work is made up in accordance with district policy.

LIMITS ON PRACTICE AND PERFORMANCE

School Week Limitation

 For any extracurricular activity, a student may not participate in more than <u>one</u> activity per school week.

Eight Hour Rule

- Limits to no more than eight hours of practice outside of the school day during the school week, per activity.
- School week is defined as Monday to the end of school on the last instructional day of the week.

LIMITS ON PRACTICE AND PERFORMANCE

Activities during a non-academic time frame: (applies to ATHLETICS ONLY)
RECOMMENDATION FOR YOU

- One practice, no more than three hours.
- More than one practice, no more than **five hours** total. (No longer allowed: consecutive days with two practices.)
- The maximum length of <u>any single practice</u> session is three hours.
- On days when more than one practice. a minimum of TWO hours of rest/recovery time between the end of one practice and the beginning of the next practice.





LIMITS ON PRACTICE AND PERFORMANCE



BE AWARE

• Student athletes shall not be enrolled in more than one physical education and/or athletic class whether or not they are receiving credit.

-Exceptions (PE Substitutes):
Cheerleading
Drill Team
Marching Band
JROTC



Limits and Practice and Performance

The rule does not prohibit a student from enrolling in any number of state-approved classes (such as Drill Team and ANY Dance course identified as a Fine Art with TEKS) during the same school day---so long as the extracurricular activity associated with the state approved class is not practiced more than one period of the day.

STUDENT FORMS

Highly Recommended (required for athletes):

- Pre-Participation Physical Examination Form
- Medical History Form



STUDENT'S ELIGIBILITY

BE AWARE of the Awards Rule FOR ATHLETICS: this does not apply to cheer and dance

- Awards Schools May Give
 - \$70 to an athlete during high school for participation in UIL competition.
 - \$10 per year for each sport (JH only one award allowed)
- Awards Students May Receive
 - A certificate, medal, trophy or other symbolic award for participating.







AMATEUR ATHLETIC STATUS

Amateur Rule: this does not apply to drill team or cheer

VALUABLE CONSIDERATION SCHOOL TEAMS AND <u>ATHLETES</u> MAY ACCEPT:

- Pre-Season. School athletic teams may be given pre-season meals, if approved by the school.
- Post-Season. School athletic teams may be given post-season meals if approved by the school. Banquet favors or gifts are considered valuable consideration.

Restrictions for Athletic Coaches

(that you are not subject to!!!!)

\$500 allowed per year with documentation recommended to support amount

No allowance for private instruction to occur during a school practice or athletic period

Your Booster Clubs

- Travel funds for competitions, co-curricular appearances or performances are not restricted.
- Private consultants may be allowed to be paid for instruction with local approval.

Legislative Council – UIL Meeting

- Safety requirements for instructors
- Concussion protocol
- Physical exams
- Cheerleading